

## New College Berkeley – Spring 2017 Programs

*(Fees for credit classes and retreats waived for Cal students but registration is still necessary.)*

**Spring Seminar: Jane Austen's Prayers** (Saturday, February 25, 9-noon at First Covenant Church of Oakland, 4000 Redwood Road). Cost: \$25 (no lunch). Dr. Margaret Horwitz will bring her signature informed enthusiasm for Jane Austen to the subject of the author's wise and heartfelt prayers.

**A Contemplative Lenten Retreat** (Saturday, March 4, 9 a.m.-1 p.m.) cosponsored with and held at First Presbyterian Church of Berkeley, 2407 Dana Street, Berkeley. Rooms: G213 and G214. Cost: \$25 (no lunch). Led by New College Berkeley Executive Director and spiritual director, Susan Phillips (Ph.D.). Join us this Lent as we stop and pay attention to God's great love and truth, as expressed through the life, death, and resurrection of Jesus Christ. This will be a contemplative retreat with Scripture, prayer, and listening to one another.

**Spring Credit Course: Psychology and Spirituality of Flourishing: Exploring Growth in Community** (Saturdays, March 25 and April 8, 9 a.m.-6 p.m. GTU academic credit available). Pacific School of Religion, 1798 Scenic Avenue, Berkeley. Room: TBA. Cost: \$150 (students: \$80). **GTU and UCB students are encouraged to cross-register into this course through their schools.** Taught by sociologist and spiritual director Susan S. Phillips (Ph.D.) and clinical psychologist John White (Ph.D.). Informed by the fields of positive psychology and Christian spiritual formation, this course will examine the possibility of cultivating our lives of faith and community, even in a culture that pushes us to live shallowly and relate superficially. We will look at recent writing on flourishing, including Susan Phillips's *The Cultivated Life: From Ceaseless Striving to Receiving Joy*, and socio-emotional life, including Brené Brown's *Daring Greatly*.

**The Call to Ministry: A Vocational Forum for University Students** (date and location TBA). Pastors and others in Christian ministries will speak about their calls to ministry and engage students in conversation.

**Annual Earl Palmer Seminar: The Book of Psalms—A Sourcebook for Faith and Living** (Saturday, April 22, 9 a.m.-3 p.m.) First Presbyterian Church of Berkeley, 2407 Dana, Berkeley, Sanctuary. Cost \$50 (\$90 per couple; \$25 student) (with lunch). The Psalms are memorable poems, and "any kind of poetry can be seen as a metaphor for life....[Poems are] free expressions adorning an enduring framework, like fresh blossoms on a garden trellis..[which] hint strongly at God's intentions for the way every life should be lived" (Walt Hearn, *Radix*, 2016, 39(1), p. 3). Join the Rev. Earl Palmer for a day spent reflecting together on the key role that the Psalms of the Old Testament play in our discipleship as followers of Jesus Christ.

**Writing and Reading Spiritual Memoirs** (Saturday, date and location TBA, spring 2017, 9 a.m.-1 p.m.) Cost: \$25 (no lunch). Taught by *Radix* magazine editor and New College Associate Director, Sharon Gallagher (M.T.S.) This is a writing seminar for those who enjoy reading spiritual memoirs and those who would like to begin writing their own "soul" stories. The seminar will feature readings from important spiritual writers with invitations to write short personal responses to the themes. The class will involve writing short pieces and listening to the responses of others in the class.

**Look for upcoming news of the 2017 NCB 40<sup>th</sup> Anniversary Celebration!!**

